

Paramount peaks: Russia

RWT R-NIZ-7 JT-2Z-22-RL

C3R. LIP Lipetsk

Peaks of over 300 m eminence

Area [sq.km]: 24,100

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
	No paramount peaks					

0 peaks

C3R. MOS Moscow

Peaks of over 300 m eminence

Area [sq.km]: 47,000

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
	No paramount peaks					

0 peaks

C3R. NGR Novgorod

Peaks of over 300 m eminence

Area [sq.km]: 53,300

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
	No paramount peaks					

0 peaks

C3R. NIZ Nizhniy Novgorod

Peaks of over 300 m eminence

Area [sq.km]: 76,900

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NIZ-1	56.385N	42.974E	163	163	Gora Komandnaya	
NIZ-7	56.138N	44.918E	76	76	Gora Siona	
NIZ-4	56.508N	43.334E	31	132	Gora Kommuna	
NIZ-2	56.453N	43.048E	5	156	Gora Khryashchevaya	

4 peaks 275 nominal cover [sq.km] 6875

C3R. NVS Novosibirsk

Peaks of over 300 m eminence

Area [sq.km]: 76,900

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NVS-1	55.069N	83.881E	381	381	Sopka Kholodnaya	
ALT-7	53.964N	81.832E	318	318	SemÛnovka Top	ALT NVS
NVS-3	55.422N	84.546E	298	298	VishnÛvskoye Top	

3 peaks 997 nominal cover [sq.km] 24,925

Notes:

*1 For definitions and measurement units see general notes on paramount peaks

*2 SemÛnovka Top is on the border of Novosibirsk & Altai Krai