

# Paramount peaks: Canada

RWT C-NLN-2 JT-29-17-RL

## C3C. NL Newfoundland & Labrador

Peaks of over 300 m eminence, with a selection of lesser peaks

Area [sq.km]: 405,212

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
NL-1	58.883N	-63.714W	1652	1652	Caubvick (Iberville)	NL QC
NL-7	57.883N	-62.031W	1209	1209	Brave Mountain	
NL-10	53.383N	-59.464W	1180	1180	Mealy Mountains	
NL-13	57.851N	-63.608W	1036	1036	Hebron Fiord High	
NL-16	52.102N	-65.835W	932	932	Alta Lake High	
NL-17	53.876N	-66.052W	928	928	Muriel Lake High	
NL-14	57.199N	-62.580W	908	1035	Umiakoviagusek High	
NL-22	53.916N	-61.998W	877	877	Red Wine Mountains	
NL-23	54.811N	-61.720W	840	840	Mistinippi Lake High	
NL-24	48.800N	-58.498W	814	814	Lewis Hills	
NL-26	49.600N	-57.781W	807	807	Gros Morne	
NL-27	55.645N	-61.697W	800	800	Sango Brook High	
NL-28	55.281N	-62.810W	792	792	Hopedale High	
NL-30	54.728N	-59.480W	786	786	Postville High	
NL-39	53.067N	-56.960W	717	717	Cape Bluff High	
NL-38	53.468N	-62.890W	717	717	Wilson Lake High	
NL-11	53.627N	-58.541W	701	1176	Mealy Peak 2	
NL-45	56.092N	-63.600W	673	673	Mistastin West High	
NL-48	47.866N	-59.131W	635	635	Holy Cross Island	
NL-51	50.866N	-56.981W	624	624	Little Sugar Loaf	
NL-54	53.037N	-60.818W	598	598	Mercier Lake High	
NL-15	57.100N	-61.581W	590	1031	Kiglapait Mountains	
NL-21	51.736N	-65.007W	586	911	Lac Véron High	
NL-55	49.066N	-55.881W	569	569	Hodges Hill	
NL-56	52.604N	-61.562W	567	567	Dominion Lake High	
NL-47	48.999N	-56.931W	567	655	Hinds Hill	
NL-36	54.734N	-58.515W	552	731	Lake Michael High	
NL-46	48.166N	-58.265W	543	669	Bumbly Mountain	
NL-35	50.116N	-57.464W	523	731	Sharp Hill	
NL-60	51.816N	-56.848W	508	541	Stokers Hill	
NL-61	47.633N	-56.765W	487	487	Blow Me Down	
NL-31	55.786N	-62.543W	462	779	Mistastin East High	
NL-65	51.183N	-55.998W	457	457	Paul Island	
NL-37	54.217N	-59.615W	454	720	Lake Melville High	
NL-63	48.949N	-55.098W	447	474	Mount Peyton	
NL-40	48.766N	-57.715W	421	713	Glover Island	
NL-29	54.272N	-66.666W	420	789	Menihek Lakes High	
NL-67	47.683N	-55.631W	400	400	Fish Cliff	
NL-69	48.158N	-54.056W	396	396	Bonavista High	
NL-68	47.383N	-55.133W	392	396	Burin Pen. Peak 1300	
NL-42	48.333N	-57.498W	382	690	Annieopsquotch Mountains	
NL-72	48.166N	-55.064W	361	361	Mount Sylvester	
NL-64	49.633N	-56.252W	354	470	Gull Pond High	

NL-43	54.270N	-61.327W	352	682	Seal Lake High	
NL-77	48.333N	-55.731W	329	329	Burnt Hill	
NL-34	54.878N	-63.143W	327	732	Main Lake High	
NL-78	47.066N	-53.131W	326	326	Eastern Lookout	
NL-59	53.518N	-61.295W	322	552	Murdoch Rapids High	
NL-62	51.833N	-56.148W	307	481	Green Bay Cliff	
NL-88	47.852N	-53.252W	282	289	Sooleys Lookout	
NL-82	47.327N	-53.678W	278	312	Northwest Mountain	
NL-89	48.416N	-53.548W	245	288	Indian Lookout	
NL-96	49.983N	-55.514W	232	232	Seal Island	
NL-52	53.725N	-57.490W	221	620	Eagle River High	
NL-98	49.016N	-53.848W	218	221	Gull Island	
NL-86	48.829N	-54.366W	206	297	Crown Ridge	
NL-41	49.233N	-57.981W	191	703	North Arm Mountain	
NL-70	47.683N	-54.964W	189	385	Southeast Bight Hills	
NL-50	47.950N	-57.865W	186	625	Blue Hills of Couteau	
NL-93	47.699N	-52.831W	185	272	Black Cliff	
NL-94	46.983N	-55.815W	175	259	Eastern Hare Hills	
NL-90	47.030N	-55.349W	174	286	Strouds Ridge	
NL-102	49.516N	-55.231W	170	170	Jim Day Island	
NL-95	48.604N	-53.942W	149	235	Blue Hills	
NL-73	48.604N	-54.882W	145	348	Dead Wolf Pond High	
NL-84	47.088N	-53.902W	141	297	West Pinnacle	
NL-74	47.888N	-53.870W	121	345	Centre Hill	
NL-71	47.499N	-54.681W	119	367	Cape Roger Mountain	
NL-83	48.133N	-54.631W	112	308	Bear Hills	
NL-104	49.683N	-54.298W	111	111	Leveret Islands	
NL-103	49.549N	-54.798W	106	120	Chance Harbour Island	
NL-25	48.833N	-58.848W	104	812	The Cabox	
NL-100	48.483N	-53.114W	94	211	Skerries Hill	
NL-79	47.283N	-53.114W	90	324	Inside Hawke Hill	
NL-81	47.916N	-54.298W	87	318	Bears Folly	
NL-57	49.263N	-56.724W	82	566	The Topsails	
NL-75	48.381N	-54.939W	81	339	Newton Lake High	
NL-91	47.433N	-54.264W	77	280	Gallivan Hill	
NL-80	48.511N	-54.562W	76	320	Saunders Pond High	
NL-92	47.349N	-52.781W	60	276	American Man	
NL-76	48.583N	-55.164W	54	333	Pine Tree Hill	
NL-87	48.284N	-54.478W	46	289	Strouds Ridge	
NL-49	55.003N	-59.200W	43	631	Makkovik High	
NL-53	47.716N	-59.231W	36	618	Table Mountain	
NL-5	59.300N	-63.914W	34	1356	Mount Tetragona	
NL-44	49.316N	-58.215W	33	677	Mount St. Gregory	
NL-101	48.683N	-53.664W	31	188	Gerrards Hill	
NL-33	52.984N	-66.970W	28	750	Yukon Peak	
NL-58	48.766N	-56.831W	24	565	Buchans Island	
NL-97	47.630N	-53.825W	9	223	Searys Peak	
NL-105	49.583N	-54.664W	4	107	New World Island	

91 peaks

35,676

nominal cover [sq.km]

891,900

**Notes:**

- \*1 For definitions and measurement units see general notes on paramount peaks
- \*2 Mount Caubvick (Mont d'Iberville) is on the border of Quebec and Newfoundland & Labrador