

# Paramount peaks: Africa

RWT F-TZT-1 JT-2X-02-RL

## C3F. TZ Tanzania

Peaks of over 300 m eminence, with a selection of lesser peaks

Area [sq.km]: 945,087

List ID *1	Latitude	Longitude	Eminence [m]	Height [m]	Name	Note
TZ-1	-3.075S	37.353E	5895	5895	Kilimanjaro	
TZ-154	-4.433S	35.400E	3420	3420	Hanang	
TZ-125	-9.083S	34.016E	2980	2980	Mtorwi	
TZ-138	-7.105S	37.654E	2653	2653	Uluguru Mountains	
TZ-6	-7.778S	36.595E	2576	2576	Luhombero	
TZ-92	-6.114S	29.777E	2474	2474	Nkungwe	
TZ-133	-7.866S	31.666E	2450	2450	Mbizi Mountains	
TZ-153	-4.750S	38.233E	2300	2300	Myanko	
TZ-158	-3.000S	35.833E	2283	3682	Loolmalassin	
TZ-147	-6.000S	37.500E	2121	2382	Nguru Mountains	
TZ-131	-8.166S	35.283E	2053	2171	Luala	
TZ-176	-7.662S	33.866E	1935	1935	Matopotopo Top	
TZ-148	-5.750S	36.033E	1868	2044	Chinyami	
TZ-140	-6.816S	34.316E	1689	1861	Kili	
TZ-177	-2.817S	32.271E	1631	1631	Lukaranga Forest Top	
TZ-123	-9.333S	36.416E	1578	1631	Mbarika Mountains	
TZ-178	-4.760S	32.280E	1412	1412	Ulyankulu Top	
TZ-149	-5.700S	33.016E	1404	1404	Isanja	
TZ-157	-3.683S	32.333E	1343	1526	Ukweni	
TZ-145	-6.216S	35.050E	1303	1437	Nyagundu	
TZ-93	-11.033S	36.550E	1281	1281	Mtungwe	
TZ-95	-10.916S	34.916E	1184	2102	Uluva	
TZ-139	-6.850S	32.316E	1073	1483	Kassungwa	
TZ-156	-3.816S	33.233E	1031	1471	Usanda	
TZ-169	-10.045S	37.492E	1023	1023	Makunguwiro Top	
TZ-151	-5.450S	34.066E	1015	1371	Makata	
TZ-100	-10.716S	39.200E	945	945	Makonde Plateau	
TZ-179	-7.766S	33.112E	926	1753	Chunya District Top	
TZ-101	-10.700S	37.783E	924	963	Mbaya Hill	
TZ-141	-6.783S	36.316E	896	2345	Lugunga	
TZ-129	-8.366S	36.016E	882	2154	Chuge	
TZ-144	-6.350S	36.883E	845	2259	Mamwera	
TZ-163	-9.027S	37.859E	826	826	Monga Top	
TZ-120	-9.566S	34.666E	796	2527	Kidugala	
TZ-164	-5.417S	37.001E	749	1998	Kijungu Top	
TZ-146	-6.097S	30.561E	740	2030	Tundu Wa Kanyuni	
TZ-130	-8.333S	38.916E	740	740	Matumbi Highlands	
TZ-180	-5.072S	33.523E	730	1322	Ubada Top	
TZ-99	-4.466S	33.400E	722	1327	Muganda	
TZ-35	-2.091S	31.482E	709	1670	Karambi	
TZ-116	-10.100S	39.200E	705	921	Rondo Plateau	
TZ-181	-4.638S	31.087E	670	1292	Njingwe Top	
TZ-128	-8.433S	32.100E	661	2134	Seleli	

TZ-20	-1.178S	30.698E	643	1900	Kicherere	
TZ-159	-2.700S	34.800E	581	2018	Nyarobosho	
TZ-165	-8.490S	37.721E	579	815	Itete Top	
TZ-182	-6.268S	33.988E	576	1653	Nayirago Top	
TZ-109	-3.400S	31.816E	548	1402	Mtinga	
TZ-183	-4.936S	30.647E	544	1291	Mzanga Top	
TZ-166	-9.790S	35.907E	541	1280	Kitanda	
TZ-160	-2.083S	33.366E	534	1613	Kurwirwi Hills	
TZ-113	-2.933S	33.816E	522	1447	Zanzuzi	
TZ-167	-9.415S	38.669E	517	517	Muirra Top	
TZ-143	-6.550S	33.483E	513	1523	Bukwe	
TZ-142	-6.750S	35.100E	507	1391	Simba Nguru	
TZ-161	-1.850S	33.900E	506	1738	Chanyari	
TZ-162	-1.700S	34.416E	505	1793	Ringwani	
TZ-168	-9.339S	39.275E	493	493	Ngarama Forest Top	
TZ-134	-7.666S	32.433E	467	1716	Isonge	
TZ-89	-11.466S	35.100E	460	1917	Ngomalampepo	
TZ-155	-4.418S	30.028E	456	1769	Kabuye	
TZ-137	-7.200S	38.833E	456	456	Mfulu	
TZ-170	-10.366S	37.038E	444	880	Poyos Top	
TZ-184	-7.634S	34.386E	433	1849	Mahongoro Top	
TZ-114	-10.216S	38.716E	422	912	Ilula	
TZ-8	-7.488S	36.155E	410	2454	Selegu	
TZ-122	-1.450S	32.116E	408	1229	Bukerebe Island	
TZ-132	-8.133S	32.800E	401	1709	Kwimba Hill	
TZ-136	-7.366S	33.400E	389	1740	Ngulilo	
TZ-110	-3.350S	32.666E	383	1481	Nundu	
TZ-121	-1.641S	30.888E	380	1798	Kwankoro Island	
TZ-124	-1.033S	31.800E	361	1349	Kiau Island	
TZ-119	-2.066S	35.600E	353	2633	Loliondo	
TZ-91	-11.083S	38.183E	344	910	Nambamba	
TZ-150	-5.600S	36.450E	332	1998	Machingiri	
TZ-106	-4.000S	30.733E	322	1647	Fuma	
TZ-105	-4.016S	32.816E	321	1378	Igusule	
TZ-53	-6.933S	30.906E	312	1458	Malambo	
TZ-185	-4.356S	32.361E	309	1395	Sunga River Top	
TZ-126	-8.766S	36.600E	304	1501	Chikweta	
TZ-97	-4.866S	32.666E	293	1395	Kabila	
TZ-61	-6.335S	31.239E	289	1326	Katumba	
TZ-115	-2.750S	33.133E	289	1375	Gongwa	
TZ-103	-10.683S	38.800E	280	922	Mtandi	
TZ-118	-2.433S	33.666E	246	1449	Nassa Hills	
TZ-171	-10.035S	36.602E	225	950	Luguruka Top	
TZ-102	-4.316S	33.733E	225	1294	Kilili	
TZ-135	-7.550S	31.400E	222	2345	Sanga	
TZ-94	-11.216S	37.683E	220	652	Liwanga	
TZ-117	-2.500S	30.616E	209	1845	Mu Kididili	
TZ-172	-10.520S	37.367E	193	824	Muhuwesi Forest Top	
TZ-127	-8.533S	35.350E	191	2095	Sawala	
TZ-112	-3.066S	32.816E	191	1473	Katogoli	

TZ-111	-10.283S	40.083E	189	189	Mlima Mjoho	
TZ-107	-10.433S	35.816E	180	1542	Ngongoma	
TZ-12	-7.110S	36.440E	177	2287	Mangalisa	
TZ-41	-2.849S	31.338E	170	1567	Nemba Hill	
TZ-87	-7.782S	39.188E	153	168	Kihita	
TZ-108	-3.483S	31.483E	153	1327	Isilobi	
TZ-98	-10.750S	35.650E	138	1607	Matagoro	
TZ-30	-2.963S	30.943E	136	1725	Kayogela Hill	
TZ-173	-10.077S	37.051E	135	854	Mihatu River Top	
TZ-174	-10.012S	36.069E	126	1262	Mtimbiri Top	
TZ-104	-10.666S	38.050E	106	933	Kongowele	
TZ-96	-4.950S	39.683E	85	85	Jame	
TZ-89	-10.013S	34.585E	76	2207	Lupingu Top	
TZ-94	-10.966S	35.450E	72	1634	Lihuhu	
TZ-24	-2.468S	30.942E	68	1750	Sekeseke	
TZ-175	-10.456S	35.233E	58	1564	Sakamaganga Top	
TZ-152	-5.066S	32.766E	56	1355	Muku	
TZ-93	-11.316S	36.866E	55	995	Mcolimbo Hill	

111 peaks 87,223 nominal cover [sq.km] 2,180,575

**Notes:**

\*1 For definitions and measurement units see general notes on paramount peaks